



**TheraPlate**  
[www.TheraPlate.com](http://www.TheraPlate.com)

*2020 TheraPlate  
Intercollegiate Dressage Association  
National Championship  
April 24-26, 2020*

Judges:

Sarah Geiki "S"

Scott Peterson "S"

Technical Delegate: Camille Kopcik "R"

Announcer: Paul Eason

Hosted by

Mount Holyoke College, South Hadley, MA

**MOUNT HOLYOKE**

**100**  
**YEARS OF**  
**EXCELLENCE**



**2020 Theraplate  
Intercollegiate Dressage Association  
National Championship  
Hosted by: Mount Holyoke College  
April 24-26, 2020**

**Location:** Mount Holyoke College  
50 College St, South Hadley MA, 01075

**Closing Date:** April 9, 2020

**Please send entries to:**

Eleanor Stetson Dibble  
50 College Street MHC 2711  
South Hadley, MA 01075

**Send entries electronically to:** Eleanor Stetson Dibble at [stets22e@mtholyoke.edu](mailto:stets22e@mtholyoke.edu)

Make checks payable to: Mount Holyoke Dressage Team

**Questions?** Email captain Lexi Lobdell at [lobde22a@mtholyoke.edu](mailto:lobde22a@mtholyoke.edu) or email coach Jutta Lee at [leej@mtholyoke.edu](mailto:leej@mtholyoke.edu).

**Directions to Mount Holyoke Equestrian Center:** (GPS - 56 Park Street, South Hadley, Ma)

From 91 N or S take exit 16, then follow 202N through several lights. Cross the CT river. At the rotary take 2nd exit onto 116 N. Just past the College, take a right onto either Church St or Park St. At the top of the hill, take a left onto Equestrian Center driveway.

From Mass Pike (90): Take exit 5, after toll bear right then turn left at lights on 33. Follow to 116, turn right on 116 N at shell station - follow as above.



2020 Theraplate IDA National Championship - Tentative Schedule of Events

***Thursday, April 23, 2020***

4:00 PM Board Meeting and dinner - Willits Hallowell Conference Center

***Friday, April 24, 2020***

8:00-10:30 AM Horse Selection-Open for all coaches and competitors to observe

11:30AM-1:30PM Dressage Seat Equitation Finals

2-3PM USDF/IDA Quiz Challenge for finalists

5:30 PM Check in for dinner and annual meeting, Ticketed event, advance registration required

7-9 PM Draw and Entertainment

***Saturday, April 25, 2020 Individual Championship Day***

7:30 AM Parade of Horses for First Level and Upper Training

8:00 AM Opening Ceremonies

8:45 AM 2019 First Level Test 3 – standard arena

10:15 AM 2019 Training Level Test 3 – standard arena

12:00 PM Lunch Break

12:45 PM Parade of horses for Lower Training and Intro

1:15 PM 2019 Training Level Test 1 – standard arena

2:45 PM Ring change

3:00 PM 2019 USDF Introductory Test B – small arena

5:00 - 7:00 PM Parade of Teams and Award Ceremony (all teams & individuals invited to participate with school banner. Riders to be dressed in show attire to participate in awards ceremony & receive their prizes. Quiz challenge participants to attend wearing their USDF ball caps & polo shirts)

***Sunday, April 26, 2020 Team Championship Day***

7:15 AM Team Draw

7:30 AM Parade of Horses for First Level and Upper Training

8:15 AM 2019 First level Test 2- standard arena

9:45 AM 2019 Training Level Test 3- standard arena

11:15 AM Lunch Break

11:45 AM Parade of Horses for Lower Training and Introductory

12:15 PM 2019 Training Level test 1- standard arena

1:30 PM Ring Change

1:45 PM 2019 USDF Introductory Test B – small arena

3:00 - 6:00 PM Awards Ceremony

*\*\* All competitors must be present for the awards ceremony in show attire. All teams, individual riders and coaches are invited to represent their schools in the parade of competitors. Individuals riding on Saturday but not riding on a team Sunday are invited to walk in the parade and be recognized. \*\**

## **IDA Code of Conduct**

*Intercollegiate Dressage Association (IDA) Members, including riders, coaches, officials, and volunteers must conduct themselves in a sportsmanlike manner, and are responsible for their actions in competitions, going to and from competitions, and while at areas hosting competitions. Members are responsible for adherence to IDA competition rules and procedures. IN all equestrian sports the well-being of the horse shall be above the demands of trainers, riders, owners, organizers, sponsors, or officials. IN the interests of the horse, the fitness and competence of the rider is essential. All riding and training methods must demonstrate respect for the horse as a living entity and may not include any technique considered to be abusive or overtaxing of the horse's ability or fitness.*

NOTE: Anyone may approach the steward or show management to report violations(s) to the IDA Code of Conduct. Unsportsmanlike conduct may result in disqualification from an event, loss of points earned at the event and possibly prevent participation in future IDA events at the discretion of show management, show steward and/or IDA Board.

### **Mission:**

The mission of IDA is to introduce students to the equestrian discipline of dressage and to foster continued development, understanding and appreciation for the art of dressage through organized student competitions and educational opportunities.

### **Please note the following:**

- ASTM/SEI approved headgear is required for all riders and must be worn while mounted.
- The show will be run according to USEF rules.
- Entry Fees and Liability Release forms must be collected before competition begins.
- Mount Holyoke College and its employees will not be held responsible for loss or damage to persons, property, or horse.
- Smoking is allowed in designated areas only. No smoking is allowed in any buildings or stables.
- All dogs must be on a leash which is held by a person. (owners will be fined \$50 if dog is not on a leash)

**Accident Preparedness Plan  
Equine Emergency  
2020 Theraplate IDA Nationals  
April 24-26, 2020**

In the event that a horse is injured, the following Veterinarians are on-call:

Dr. Rose Paddock, South Deerfield Veterinary Clinic      (413) 665-3626  
Mill Valley

If a horse needs to be transported to a *non-surgical* facility for treatment:

Mill Valley      (413) 323-9201  
224 Mill Valley Rd  
Belchertown, MA 01007

If a horse needs to be transported to a *surgical* facility for treatment:

Tufts Large Animal Hospital      (508) 839-7926  
55 Willard Street  
Grafton, MA 01536

\*Printed directions are located in the show office\*

**Accident Preparedness Plan  
2020 Theraplate IDA Nationals  
April 24-26, 2020**

In the case of an exhibitor or visitor injury the following procedures will take place:

- EMT will be notified immediately via 2-way radio, with the location of the injured party
- EMT will assess the situation and apply basic first aid where necessary
- If an ambulance is required, EMT will communicate with the Safety Officer with nature of injury and location of facility
- \*Safety Officer will call Campus Police (x2304), who will dispatch South Hadley Ambulance. Yellow emergency phones can also be picked for direct access to Campus Police
- Campus Police will wait at the entrance of the Equestrian Facility to escort the Ambulance to the location of the injured party.
- If transportation is required, South Hadley Ambulance will determine which local hospital is best suited for the nature of the injury.
  - Baystate Medical Center(Level 1 Trauma): 759 Chestnut St, Springfield MA 01199 / 413-794-0000/ Directions found [here](#)
  - Holyoke Medical Center: 575 Beech St, Holyoke MA 01040 / 413-534-2500/Directions found [here](#)

**Phone List:**

EMT:	Bill Boyer	(413) 530-7820
Safety Officer:	Bill Boyer	(413) 530-7820
Mount Holyoke College	Campus Police	(413) 538-2304 or X2304
Mount Holyoke College	Equestrian Center	(413) 538-2272

\*In the event of serious injury, where time is of the utmost factor, Safety Officer will call Ambulance directly, then immediately follow up with Campus Police.

## Support the Mount Holyoke Dressage Team by Buying an ad in the 2020 Theraplate IDA Nationals Program!

Starting at \$50 per ad, you can...  
 Advertise a Business or Service  
 Send Best Wishes to a Rider or Team  
 Congratulate a Coach

Ad Size <i>(with margins)</i>	Live Space Dimensions <i>(without margins)</i>	Cost
1/4 page ad (4 color) - 4.25" x 5.5"	3.9" x 5.2"	\$50
1/2 page ad (4 color) horizontal - 8.5" x 5.5"	8" x 5.2"	\$100
Full page ad (4 color) - 8.5" x 11"	8" x 10.5"	\$150

There will be a .25" white margin around each ad. Please make sure all text is INSIDE the "Live Space Dimensions" area.

### SUBMISSION GUIDELINES:

**Deadline:** Please submit ad copies no later than **April 8th**

**Format:** PDF or PNG preferred. JPEG will be accepted if necessary. All photographs must have a resolution of 300 ppi or higher.

**To submit an ad:** Please email the ad (as an attachment) to Mount Holyoke Dressage Team treasurer, Elle Stetson Dibble, at: [stets22e@mtholyoke.edu](mailto:stets22e@mtholyoke.edu)

**Payment:** Please make checks payable to "MHC Dressage Team." Send check payment to:

Eleanor Stetson Dibble  
 50 College Street MHC 2711  
 South Hadley, MA, 01075

### Purchase information to include with your email *and* check submission:

Name of Person, Business, or Organization: \_\_\_\_\_

Contact Person (Name): \_\_\_\_\_

Contact Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ home, business, or mobile number (circle one)

Ad Size (please check one): Full Page \_\_\_\_\_ Half Page \_\_\_\_\_ Quarter Page \_\_\_\_\_

Ad Type (please check one): Personal \_\_\_\_\_ Buisness \_\_\_\_\_ College \_\_\_\_\_

Payment Amount Included: \$ \_\_\_\_\_

*Please email Elle if you have any questions!*

## 2020 Theraplate IDA Nationals Banquet

Mount Holyoke College Campus at Chapin Auditorium - located in Mary Woolley Hall.

Map of Mount Holyoke College Campus may be found [here](#)

50 College Street, South Hadley MA, 01075

Friday, April 25, 2020 5:30 PM

Please **RSVP** to Elle Stetson Dibble no later than April 15th at [stets22e@mtholyoke.edu](mailto:stets22e@mtholyoke.edu)

Please make **checks** payable to “MHC Dressage Team”

Please send checks to:

Eleanor Stetson Dibble

50 College St MHC 2711

South Hadley MA, 01075

Please include the following information in your RSVP email *and* check submission:

Number of Attendees (\$50 per person): \_\_\_\_\_

College Team: \_\_\_\_\_

Total Enclosed: \_\_\_\_\_



# IDA National Sponsors

*We are grateful to our National Sponsors for their generous support and urge you to support them whenever possible.*

## Title Sponsor

Theraplate

## Platinum Sponsors

Big Dee's Tack & Vet Supply

LM Boots

Schneiders Saddlery

US Equestrian

USDF

## Gold Sponsors

Kerrits

Sew You Custom Gifts

## Silver Sponsors

## Bronze Sponsors

C4 Belts

## **Accommodations: Hotels & Restaurants**

**Hotels in the surrounding areas include:**

**Fairfield Inn & Suites Noho/Amherst**

115A Conz St, Northampton, MA 01060  
413-587-9800

**Howard Johnson**

401 Russell Street, Hadley, MA, 01035  
(413) 586-0114

**Hampton Inn Chicopee/Springfield**

600 Memorial Dr, Chicopee, MA 01020  
413-593-1500

**Quality Inn & Suites**

117 Conz St, Northampton, MA 01060  
413-341-1461

*The hotels listed above support Mount Holyoke College equestrian teams. For the discounted rate, please tell the reservations office that you are reserving rooms for IDA Nationals at Mount Holyoke College.*

**Food:** Below please see a list of local restaurants - just a short walk or quick drive away!

**Located in the Village Commons:**

**Duro West African Cuisine**

<https://www.durowestafricancuisine.com/>

9 College Street, Parking Level

413-315-6474

West African culture delicately prepared with mostly Nigerian spices

**Food 101 Bar & Bistro**

[food101bistro.com](http://food101bistro.com)

19 College Street, Parking Level

413-535-3101

Intimate, sophisticated atmosphere featuring an extensive wine list, craft brews and full liquor service.

Dinner

**IYA Sushi and Noodle Kitchen**

[facebook.com/IYAModernSushiNoodles](https://facebook.com/IYAModernSushiNoodles)

15 College Street, Street Level

413-532-8000

A modern take on Japanese Sushi and Korean Noodle specialties

Lunch, Dinner

**Johnny's Bar and Grille**

[johnnysbarandgrille.com](http://johnnysbarandgrille.com)

23 College Street, Parking Level

413-534-8222

Contemporary American Bar & Grille

Lunch and Dinner

**New Main Moon Café**

[newmainmooncafe.com](http://newmainmooncafe.com)

11 College Street, Parking Level

413-533-8839

Chinese & Thai cuisine

Lunch, Dinner

**Tailgate Picnic**

[tailgatepicnic.com](http://tailgatepicnic.com)

7 College Street, Parking Level

413-532-7597

Sandwiches, salads, breads; wine & beer;

gift baskets & deli platters

Breakfast, Lunch, Dinner

**ThirstyMind Coffee and Wine Bar**

[facebook.com/thirstymindcafe](https://facebook.com/thirstymindcafe)

23 College Street, Street Level

413-538-9309

Hot and iced coffees, fresh baked goods,

Premium Beers & Wines

Breakfast, Sandwiches, Snacks

**WOW Frozen Yogurt**

15 College Street, Street Level

413-315-3151

Fresh, frozen self-serve yogurt with topping bar

**Located within minutes of MHC:**

**The Yarde Tavern**

3 Hadley Street

South Hadley

413-315-4339

[www.yardetavernsouthhadley.com](http://www.yardetavernsouthhadley.com)

**Dunkin Donuts**

497 Newton Street

South Hadley

413-533-7988

**Starbucks** (413-593-1457)

620 Memorial Dr, Chicopee

**Subway** (413-533-2686)

532 Newton Street, South Hadley

413-533-2686

**Family Pizza**

\*Delivery available

334 Newton Street

South Hadley

413-536-3197

[www.familypizzash.com](http://www.familypizzash.com)

2020 Theraplate IDA Nationals  
DRESSAGE SEAT EQUITATION Entry Form  
Friday, April 24, 2020

School: \_\_\_\_\_ Region: \_\_\_\_\_

School Representative: \_\_\_\_\_ Email: \_\_\_\_\_

I certify that all riders are students enrolled in and in good academic standing at the school that they are representing. These riders are competing at levels permissible by the Intercollegiate Dressage Guidelines.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Individuals (please indicate rider name and level):

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Cost: \$50.00 X \_\_\_\_ = \$ \_\_\_\_

Subtotal: \$ \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

Entry fee is \$50.00 per individual

Please make checks out to "Mount Holyoke Dressage Team"

2020 Theraplate IDA Nationals  
INDIVIDUAL Entry Form  
Saturday, April 25, 2020

School: \_\_\_\_\_ Region: \_\_\_\_\_

School Representative: \_\_\_\_\_ Email: \_\_\_\_\_

I certify that all riders are students enrolled in and in good academic standing at the school that they are representing. These riders are competing at levels permissible by the Intercollegiate Dressage Guidelines.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Individuals (please indicate rider name and level):

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Rider: \_\_\_\_\_

Level: \_\_\_\_\_

Cost: \$125.00 X \_\_\_ = \$ \_\_\_\_\_

Subtotal: \$ \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

Entry fee is \$125.00 per individual  
Please make checks out to "MHC Dressage Team"

2020 Theraplate IDA Nationals  
TEAM Entry Form  
Sunday, April 26, 2020

School: \_\_\_\_\_ Region: \_\_\_\_\_

School Representative: \_\_\_\_\_ Email: \_\_\_\_\_

I certify that all riders are students enrolled in and in good academic standing at the school that they are representing. These riders are competing at levels permissible by the Intercollegiate Dressage Guidelines.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Team Information: (please print clearly)

Team: \_\_\_\_\_

Rider: \_\_\_\_\_

First Level 2

Rider: \_\_\_\_\_

Training 3

Rider: \_\_\_\_\_

Training 1

Rider: \_\_\_\_\_

Introductory B

Entry fee is \$500.00

Please make checks out to "MHC Dressage Team"

## Photography Form

Good news! This year our photographer is providing UNLIMITED digital access to all competitors, parents, schools and sponsors for one low price of \$36.75 per competitor. In order to be able to provide this low price all competitors are required to participate and pay.

Please list each competitor from your school, do not duplicate across classes.

NAME:

Email Address:

_____	_____
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_____	_____
_____	_____

# of competitors \_\_\_\_\_ x \$36.75 = \$ \_\_\_\_\_

Summary of Required Forms & Fees  
All Forms must be filled out in Entirety

School: \_\_\_\_\_ Region: \_\_\_\_\_

School Representative: \_\_\_\_\_ Email: \_\_\_\_\_

Dressage Seat Equitation Entry: \$ \_\_\_\_\_

Individual Entries: \$ \_\_\_\_\_

Team Entry: \$ \_\_\_\_\_

Sponsorship/Advertising: \$ \_\_\_\_\_

Banquet: \$ \_\_\_\_\_

Late Fee (see IDA Rule 11.8c): **\$100 for entries arriving after closing date of April 9, 2020**

Total Enclosed: \_\_\_\_\_

Checks payable to: Mount Holyoke College Dressage Team

Mail check to:

Eleanor Stetson Dibble  
50 College St MHC 2711  
South Hadley Ma, 01075

Entries may be sent online to: Elle Stetson Dibble at [stets22e@mtholyoke.edu](mailto:stets22e@mtholyoke.edu)



Mount Holyoke College  
Equestrian Center  
50 College Street  
South Hadley, MA 01075-1430  
Telephone: 413-539-2272

Mount Holyoke College  
Rider Release Form

I, as a rider, or as a parent or guardian of a rider, on behalf of myself and as legal guardian or parent of the undersigned in all such capacities (hereinafter referred to as “Rider”) release Mount Holyoke College Equestrian Center, any Mount Holyoke College Dressage Team Member, any and all full or part time employees of Mount Holyoke College Equestrian Center (all hereinafter referred to as “Released Parties”), on account of any and all claims, liability, and causes of action arising out of horseback riding. I understand that horseback riding is an inherently dangerous activity, which may result in injury. I understand that any horse may react in an unforeseen manner at any time and that no one can predict or prevent such unforeseen actions. I understand that an injury, or accident, including serious or life-threatening injury or accident, could occur at any time, regardless of what activity the horse and rider are engaged in. I understand that injury may occur while standing near or beside or leading a horse.

Under Massachusetts law, an equine professional is not liable for an injury to, or the death of, a participant in equine activities resulting from the inherent risks of equine activities, pursuant to section 20 of chapter 128 of the General Laws. The undersigned releases Mount Holyoke College, its employees, show organizers and volunteers from any injury or loss incurred during this competition.

In signing this release the “Rider” hereby acknowledges that the “Rider” has read, understands and signs said Release voluntarily, and that he or she is over 18 years of age and of sound mind.

\_\_\_\_\_  
Rider Signature (Parent or Guardian if under 18)

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Rider Signature (Parent or Guardian if under 18)

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Rider Signature (Parent or Guardian if under 18)

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Rider Signature (Parent or Guardian if under 18)